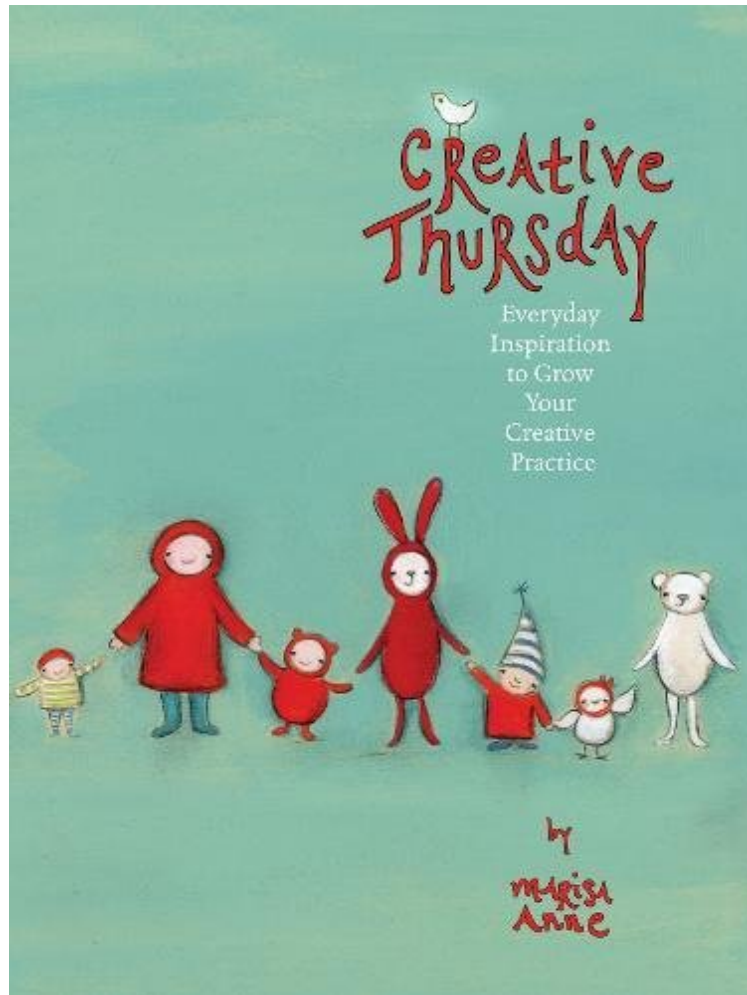


(Download) Creative Thursday: Everyday inspiration to grow your creative practice

## Creative Thursday: Everyday inspiration to grow your creative practice

Marisa Anne Cummings

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**Marisa Anne Cummings : Creative Thursday: Everyday inspiration to grow your creative practice** before purchasing it in order to gage whether or not it would be worth my time, and all praised Creative Thursday: Everyday inspiration to grow your creative practice:

4 of 4 people found the following review helpful. Magnificent Inspirational Book...By missmickee-bookreviewAnd the day came when the risk to remain tight in a bud was more painful then it took to blossom. ~ Anais` Nin (1903-1977)"Creative Thursday: Everyday Inspiration to Grow Your Creative Practice" is an magnificently illustrated delightful read by nationally recognized author/artist/textile designer Marisa Anne Cummings. Her work has appeared on TV and in various magazine publications.Covering many aspects of the creative process, Marisa Anne encourages

artists to begin simply with a sketchbook. Classes are one of the many things to improve artistic skills, (even without leaving the comfort of home), visiting museums, nature-being pure, calm, consistent in its being. "No matter where a person lives, every place is blessed with its own beauty." There are many examples to inspire creativity. Marisa Anne recalled some of her college art teachers: the new skills learned, yet with their critical judgment nearly crushed her creative spirit. Self judgment also causes internal stress, and needs to be released. Many artists striving for perfection "desire to create with excellence". Marisa Anne clarifies that self-esteem and self worth can't be dependent on what others think of your work, avoid comparison to others. It is a big step for an artist to share their work with others, but necessary for the challenge of artist growth/fulfillment, an absolute love for the work created is important. This one of my favorite books on art/creativity, this is a quick read cover to cover, or inspirational reference anytime. 5 of 5 people found the following review helpful. Inspiring and adorable By JoannaGreat for those who are hoping to start a creative practice, or return to one, but who are having doubts about fitting in the time to do so. Marisa Anne walks you through some common mental hurdles and encourages you to create a space for your creativity. The book is easy to read, touches on self care, and really champions the idea that we are all creative and capable of producing art. (And we all should!) The illustrations are bright, colorful, and very cute. Chapter 3, Finding Inspiration, has some good tips and draws on Marisa Anne's experience as an assistant to an interior designer. I originally came across this book in the "Crafts" section of a bookstore, but I would say it falls under both arts/arts crafts and self-help. If you are looking to start pushing boundaries and step outside your comfort zone, this is a good place to start. 11 of 11 people found the following review helpful. I love this wonderful book By Dale R Thoma I absolutely love this book and have read it front to back and reread many parts of it. Marisa Anne is a delightful writer with her funny and wonderful comments; one feels like Marisa is right there telling you about her day and her art and how it all comes together. Her art is truly a delight; such creative characters with great personalities. Thank you Marisa Anne for such a delightful and fun book!

Learn to make creativity a daily habit! Whether you're just beginning to trust your artistic voice or you've been refining it for years, Marisa Anne is the loving guide and caring mentor you need to help you commit to moving through resistance, stepping outside of your comfort zone and making creativity a regular part of your life.

"For anyone who has wanted to know exactly how an artist has paved her road to success, Creative Thursday is the book that offers an engaging and honest blueprint of how it happened for one and therefore how it can happen for many." --Jenny Doh, Crescendoh "The thing I love most about Creative Thursday is that it isn't really just about illustrating or painting or for professionals or people who have their own 'crafting rooms.' Really, it's for anyone who enjoys creative pursuits and often needs a little nudge to get them going." --Cool Mom Picks